Cansa Care Centre Lowveld



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Welcome to CANSA LowveldThe CANSA Care Centre Lowveld is a regional branch of CANSA South Africa and is located in Nelspruit, Mpumalanga. Our purpose is to lead the fight against cancer in South Africa and to act as a support group for those affected by cancer in the Lowveld region. The mission of CANSA is to be the preferred non-profit organisation that enables research, educates the public and provides support to all people affected by cancer. Through our scientific research findings and the knowledge gained, we are able to educate the public by promoting health programmes countrywide, thereby instilling a message of hope and opportunity into the communities. We provide support and care to cancer survivors and those affected by cancer, enabling them to feel a sense of belonging and comfort. CANSA also has a volunteer project whereby members of the community may get involved in the fight against cancer by sharing their skills and resources with their community. What We DoThe Cancer Association of South Africa aims to assist the public in the prevention and early detection of cancer by researching the disease and sharing the powerful knowledge that is gained. The programmes & campaigns presented by CANSA are based on medical reserach and focus on a balanced diet and lifestyle that includes regular exercise, staying safe in the sun, not smoking, doing regular self-examinations and undergoing regular medical checkups. CANSA's Prevention & Early Detection Programmes and

CampaignsJanuary SunSmart and EnvironmentFebruary SunSmart and

Environment - World Cancer Day, 4 February 2013March Balanced LifestyleApril Balanced LifestyleMay Anti Tobacco - World No Tobacco Day, 31 May 2013 June CANSA on the Move for the Youth -International Survivors Day, 4 June 2013July CANSA on the Move for the CANSA Care Week - 29 July to 2 August 2013September YouthAugust Women's Health - CervicalOctober Women's Health - BreastNovember SunSmart & Environment -International Volunteers Men's HealthDecember Day - 5 Dec 2013Our TeamRegional Manager - TBACansa Care Clinic Manageress - Sr. Rona Labuschagnerlabuschagne@cansa.org.zaRelay For Life Co-ordinator - Jacqueline Weidemanjweideman@cansa.org.zaCommunity Mobiliser - Dumsane Madubandleladmadubandlela@cansa.org.zaCommunity Mobiliser - TBAAdmin Assistant Officer - Mariaan Kirtonmkirton@cansa.org.zaAdmin Assistant Officer - Thembi Ngwenyatngwenya@cansa.org.zaGeneral Assistant - Samaria FakudeHow You Can Help Give us your timeVolunteers to CANSA are the soldiers in the fight against cancer. We have over 5000 trained volunteers who provide holistic care and support to those people affected by cancer. We are always in need of more volunteers to assist us with the work we do. If you are interested in becoming a volunteer for CANSA in the Lowveld, please contact us. Areas in which you may be able to assist include patient care, or fundraising, marketing, administration or training. Make a cash donation of you would like to make a cash donation to CANSA, please use the banking details below and reference your name or your business name:Account Name: NKV (Nasionale Kankervereeniging)Bank: ABSABranch code: 632005Account number: 1020 050 906 Our DonorsCANSA Care Centre Lowveld have been extremely blessed with the support of local businesses, families and individuals in the region who constantly support our fight against cancer. We wish to thank each person for their meaningful contributions.

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