Lowmed Physiotherapy



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West Acres

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LowMed is a health and sport performance centre located in Nelspruit, Mpumalanga. The centre offers an extensive range of services relating to family health, sports medicine, sports testing, fitness and rehabilitation. At LowMed you will find a qualified team of professional individuals who work together to promote your overall health and wellness in a holistic manner which ultimately benefits your overall physical well-being.Our panel of medical consultants includes general practitioners, physiotherapists, biokineticists, a dietitian and a clinical psychologist. Our Physio Services Include:Dry NeedlingManual Orthopedic TherapyPost-Surgery RehabilitationSports Taping (Kinesio Taping)Bracing, Casting and SplintingStrength TrainingPostural Assessments and CorrectionsHeadache ManagementPregnancy-related Back Pain ReliefPhysiotherapy for Sports InjuriesExercise ProgramsSpinal ManipulationChest Physiotherapy

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