

The Aesthetic Doctors



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Everyone wants to look their best, be it to improve self-esteem, get ahead in the business world or just to feel younger. Now, thanks to modern technology and new treatment techniques, looking your best is easier and quicker than ever before. Enhance your beauty and empower yourself! It's time to reclaim your radiance from the rigours of life and nature and be your beautiful best. Our Philosophy We provide comprehensive non-surgical cosmetic medical care. Our scientific approach and widely researched treatment modalities are safe, effective and ideal for all skin types. As your skin succumbs to the inevitable stress of daily life and sun damage, we help you to protect and rediscover your youthful radiance that you rightfully deserve. About Us Our team of doctors are general practitioners with a special interest in Aesthetic Medicine (GPSI). They have been training in the field of Aesthetics for the past 5 years and attend regular conferences and courses to keep up to date with the latest trends in the field. Dr Shahien Dollie qualified at the University of Cape Town in 2006, and had gained experience in Family Medicine and Orthopaedics, before finding his passion for Aesthetic Medicine. He now attends and presents at local and international Aesthetic Congresses. Dr Zeenit Sheikh qualified at the University of the Witwatersrand in 2008, and following internship, gained 4

years of experience in the field of Psychiatry prior to entering the exciting industry of Non-Surgical Aesthetic Medicine. Both of our doctors have graduated cum laude with Advanced Diplomas in Aesthetic Medicine, reflecting their keen passion and commitment to the field of Aesthetic Medicine. This course, co-ordinated via the Foundation for Professional Development, is run over two years and focuses on a myriad of areas within Aesthetic Medicine. It is also the only Health Professionals Council of South Africa (HPCSA)-recognised aesthetic course in South Africa. Our Procedures Anti-wrinkle Injections (Botulinum toxin) Dermal Fillers (Lips, Chin, Nose, Cheek lift) Skin Booster treatments Mesotox Aptos Thread Lifting NanoFat Dermgraft PRP (Platelet-rich Plasma Therapy) DermaPen Mesotherapy Medical grade Chemical Peels Jett Plasma skin tightening Carboxytherapy Glutathione IV Infusions Hand Rejuvenation Acne & Hyperpigmentation Treatments Cellulite & Stretchmark Treatments Regenera Hair Micrografting BioFibre Hair Implant System Sclerotherapy Diode Laser Hair Removal Our Products Mesoesthetic Skinceuticals Dermaceutic ZO Skin Health Obagi AQ Skin Solutions Biomedical Emporium Lamelle Yllume Skin Brightening Heliocare 360 SunCare SPF50+ Neostrata Skincare Thymuskin Hair System NAD Plus+ supplements Luscious Lips Proactive Collagen Supplement Trichotin & Dermagen Supplements Conditions Acne & Acne Scarring Hyperhidrosis Alopecia (hair loss) Pigmentation disorders Ageing Skin, Hands, Neck Telangiectasia (Visible Veins) Cellulite Stretchmarks

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